

**Best unsigned bands to compete**

See page 3



**Tomorrow is the last day to add classes**

**Monarchs stomp Southwest**

See page 5



# Valley Star

Los Angeles Valley College

Thursday, Oct 1, 1987

Vol. 39, No. 2

## Chancellor Koltai resigns under pressure



Dr. Leslie Koltai, L.A. Community College District chancellor for the last 15 years, announced his resignation yesterday. He will be awarded the title of Chancellor Emeritus next year.

### Deukmejian signs college bills

By DOUGLAS GINTZ  
Editor in Chief

Various community college reform bills, which had been passed by both the State Assembly and Senate, were signed into law by Governor George Deukmejian as the legislature reached the end of its' 1987 session.

Students will now be faced with several reforms which include: community college freeflow, an extended \$50 tuition fee to 1992 and a student awareness of on-campus rape program.

The Community College Freeflow Bill, AB 2061, passed by the State Assembly on a 60-10 vote and by the Senate on a 21-3 vote, and was signed into legislation by Deukmejian over the weekend.

The bill, proposed by Tom Hayden (D-West Los Angeles), allows students to attend the California community college of their choice without district restrictions.

This is, according to Hayden, the first time a freeflow bill has reached the Governor after 12 years of legislative attempts.

The bill now replaces interdistrict attendance agreement restrictions which were previously in place.

AB 2336, backed by Assemblyman Pat Johnston (D-Stockton), was also signed by Deukmejian establishing community college fees at \$5 per unit up to a maximum of \$50 for ten units or more.

The bill extends the fees for community students until Jan. 1, 1992. However, several bills affecting

college students were not passed. The Education and Security Act, AB 278, backed by Hayden, was vetoed by Deukmejian Tuesday.

Although the bill would not have directly affected community college students, if passed, it would have affected the state's education system in general.

The bill would have allowed parents and others to pre-pay tuition for a child's college education.

According to the Education and Security Act, the money would have been invested in an account managed by the state in return for a guarantee that the child would be completely covered in regard to future college fees.

(The Star will be providing a more detailed look at the assembly bills in the next issue. Results on AB 1505, AB 306, and AB 1817 were not available as the Star went to press.)

### Astronomy Club to hold Fall Sky Review

The Astronomy Club will present a Fall Sky Orientation and Celestial Coordination Review on Sunday night, Oct. 4 at 7:30 at the Valley College Planetarium.

This Planetarium session will use the Planetarium projector to simulate the nighttime sky on the Planetarium dome. Constellations and planets currently visible from Los Angeles will be pointed out, along with tips on how to view these objects. The presentation is open to the public and students alike.

This presentation is part of the

Valley College Astronomy Club's continuing programs of lectures, planetarium shows and "star parties" designed to encourage interest in Astronomy.

The Planetarium is located near the south-west corner of the campus, between the Math/Science and Engineering buildings.

### \$1000 to \$2000 scholarships available

If you are a community college student, a U.S. citizen, have a minimum 3.5 grade point average in at least 56 semester (U.C. transferable) units, and are planning

on attending UCLA, you may be eligible for a scholarship.

The UCLA Alumni Association Advisory and Scholarship Program will be awarding merit scholarships to selected students who have met the preceding criteria and that have applied to UCLA for Fall '88 admission.

The scholarships range from 1000 dollars to 2,500 dollars. Financial aid eligibility is not a criterion for the scholarship.

However, in order to be eligible for the scholarship, you must have a junior standing upon entering UCLA.

Applications for this community

dollars worth of printing, mailing and consulting services, according to a story which appeared in the *Los Angeles Times* this week.

Disclosure statements revealing the amount of the loans and other services rendered to the union-backed candidates were filed with the office of the Los Angeles County registrar of voters.

The loans were "forgiven" last month, Art Forcier, Health and Welfare Union representative, said before yesterday's meeting.

Wu, however, did not receive a loan but did receive mailing and consulting services which came to roughly \$15,000, and it was also paid by the union.

In response to the accusation that the loans tainted the candidates votes Forcier responded, "There is no direct correlation. Organizations that don't give any money are just as likely to get paid. Organizations that oppose the trustees will probably get the same pay raise as the faculty."

college transfer scholarship can be found within the UC undergraduate application packet.

Applicants must submit two letters of recommendation, one of which must be academic, to the UCLA Alumni Association Advisory and Scholarship Program by Jan. 11, 1988. They must also check the appropriate "yes" box in the UC undergraduate packet in order to have their scholarship application forwarded to UCLA.

Transcripts of college work through Fall '87 will be required. The must also be postmarked to the UCLA Alumni Association's scholarship program no later than March 25.

The new agreement is not at all controversial, according to Board member Wally Knox.

Though both parties were content with the final draft of the contract, when negotiations first began, there was much disagreement over what the contract should include.

"When negotiations started, the administration and the Board wanted to take back things that we had fought for and gained all these years," said Lubow.

Although the new contract basically re-affirms what was included in the previous contract, it also consists of a few changes.

In reference to the new contract, Lubow said, "We have not lost anything. Actually, there are a few areas where we have gained."

Under the new contract faculty will receive a 7 percent raise increase and departments with 18 or more faculty members will be issued a classified secretary.

The contract went into effect last night and will not expire until Sept. 29, 1990.

### Interim CCC chancellor named

Dr. John D. Randall has been appointed Interim Chancellor of the California Community Colleges according to Borgny Baird, President of the Board of Governors.

Randall's term will begin October 1, 1987. He is replacing Dr. Joshua L. Smith, who recently resigned as Chancellor to accept the position of president of Brookdale Community College in New Jersey.

As Chancellor, Randall will serve over the 106-campus system until a permanent chancellor is selected by the Board of Governors.

### NEWS BRIEFS

## — STAR EDITORIAL —

### System needs work

A recent editorial in the *Los Angeles Times* referred to the community colleges as "campus stepchildren" of the State's respected system of higher education.

Many students feel that it is a fair analogy, regarding the treatment given to them by the State of California. They feel they are at the very bottom of the list, falling well below the University of California and the State Universities, when it comes to funding. In the UC and CSU systems, authority is delegated to a Chancellor. The University Chancellors control the system for nine universities and 19 state colleges. This enables them to plan and implement programs on an ongoing basis.

This is not the case in the community college's system, where the Chancellor has no "system" power.

The Chancellor is not much more than a figure head for this non-system. This is one of the reasons for the resignation of Joshua Smith, who came to reorganize the State system. He wanted the responsibility and authority to act as the head of a "system."

The legislature is composed of many non-professional educators that continue to compose and pass laws affecting the community colleges. The Legislators have retained power for themselves and have not delegated authority to the Board of Governors and the Chancellor. There are 70 districts and 106 campuses, with each district being more or less autonomous.

Until Proposition 13, most funding was based on the taxes from the local area. When Prop. 13 was implemented, it shifted funding so that it came from the State rather than local sources. At that time, the State continued funding using the Average Daily Attendance (ADA), making the long-term planning of programs impossible for more than two or three months in advance.

The community colleges have been held prisoner to the budget process. The ADA builds into the system the incentive to emphasize enrollment exclusively.

To further punish the community colleges, a 1.2 percent enrollment cap was implemented, making funding a Catch 22 situation. Assembly

Bill 1725, authorized by Assemblyman John Vasconcellos, postponed until beyond September of this year, recommends a form of Differential Funding. In the advance copy, final report of the California Community Colleges, the community college finance proposal 86A states that the finance method shall replace, under the "instructional category," the ADA measurement of classroom contact hours. The ADA would be replaced by the full-time equivalent (FTE) measurement of student contact hours generated by the instructional activity.

A decent letter, written by Assemblyman William Leonard, proposes a 100 percent performance based funding formula that rewards quality programs, moving to a per capita district allowance that is totally neutral on incentives and how districts should spend their money.

The community colleges play a vital part in educating people of all ages, races and interests. We urge the State to give the community colleges a "system of funding" designed to work for the benefit of all students.

### Ethics code directs 'Star'

(Editor's Note: Striving to be informative, the Valley Star functions upon certain principles, and once again prints its Code of Ethics as a reminder to returning students and a mentor to new ones.)

The Valley Star is the official publication of Los Angeles Valley College. It is distributed on campus on Thursday morning. It is funded by the Los Angeles Community College District and serves as a laboratory publication under the supervision of the college Journalism Department.

The Star's primary purpose is to publish unbiased news accounts of activities, events and persons connected with Valley College. It is the privilege of the editorial staff to extend these functions to include publication of student opinion to express a constructive editorial policy. The Star shall deal only in issues, not personalities, in both editorials and columns.

The policy of this newspaper shall be in-

dependent; it shall seek to uphold the highest ideals of journalism, while endeavoring to contribute to the betterment and growth of Valley College.

Truth, accuracy, sincerity and fairness shall prevail in the coverage of all activities and events of this campus. It is the Star's right to determine what shall be printed.

Statements made by faculty members or students, except in a public gathering, will not be quoted without consent of the persons being quoted. The Star will not invade the private rights or feelings of any individual without substantial constructive grounds for doing so.

The act of retracting false or malicious statements shall be considered a privilege as well as a duty. Any staff member who uses his influence for a selfish or malicious purpose is a discredit to the journalism profession and will be subject to disciplinary action.



### Valley Star

Los Angeles Valley College

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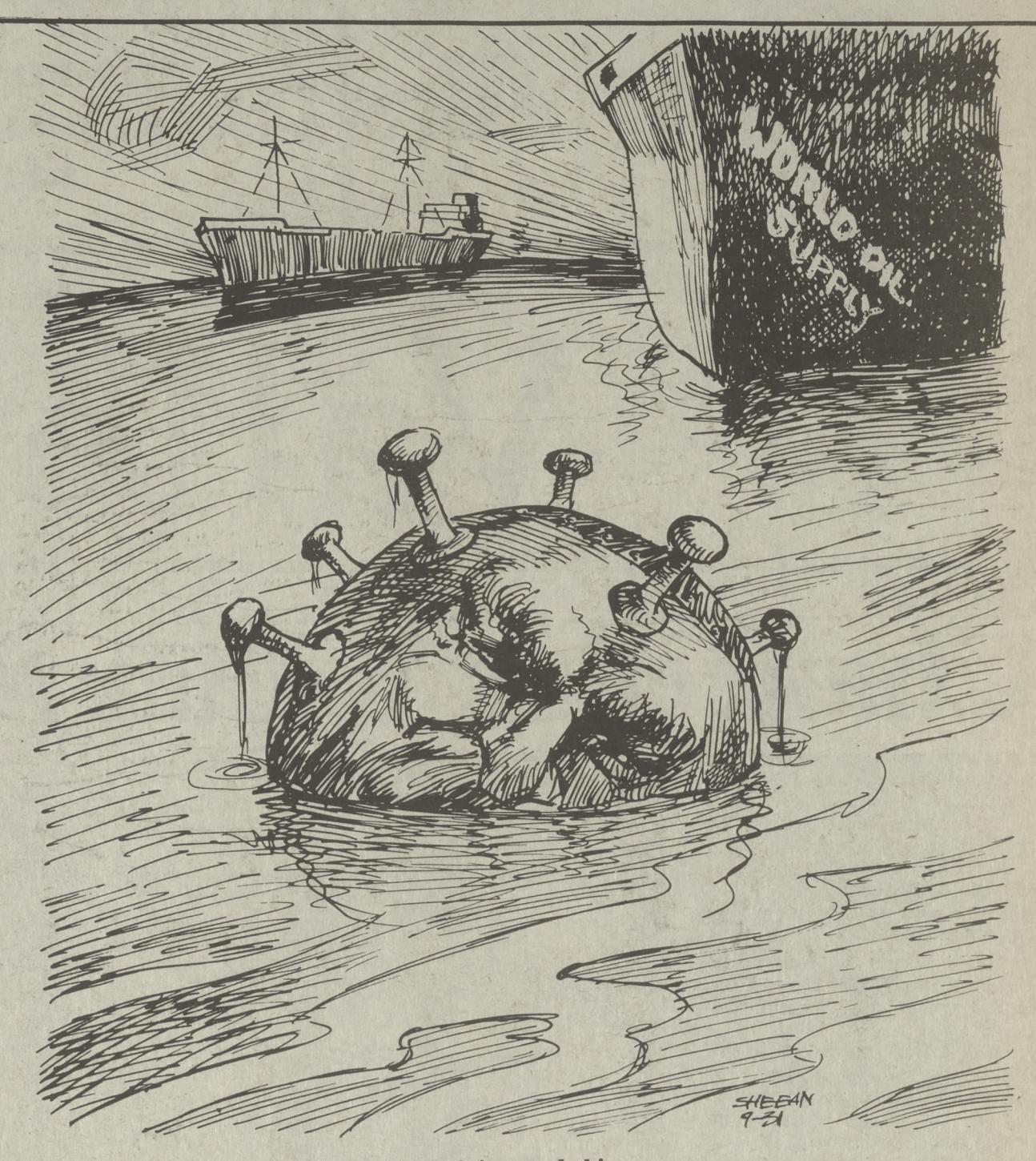
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Khomeini extends his war

### Black sludge invades beach

By ROBIN MACKIE  
Staff Writer

I work a lot on the weekends, therefore I do not get the opportunity to enjoy our local beaches as much as I would like.

Hitting the beaches was something I had enjoyed for years, until three years ago when I started working steadily. I now no longer have the time to spend at the beach.

This upset me a lot, so I told myself, "Rob, just work hard and maybe someday you'll buy yourself a beach house where you can retire and just breath in salt air forever..."

Well, I don't think so.

I knew the local beaches had always been a tad polluted. Being of hearty central city stock, I would still paddle fearlessly into the slightly polluted waves. I mean a little orangish glow never hurt anybody. Right?

Wrong! What a difference three years can make.

Upon my return to the beach, I was thrown into a state of alarm.

Brown foam, looking like the top of a root-beer float covered the sand between three and four feet high. The foam was everywhere and it's not root-beer, it's petroleum.

These are bubbles that never pop. They are not caused by soap or water. These bubbles are rubber. They are huge gobbs of elastic foam carried in and out by the waves.

In spite of this muck, I still went in the ocean where my body received a brown stain when I encountered one of the dreaded brown foam floats.

This turned out to be the least of my problems.

There was something else out there with me and the marine life. It looked like lumpy gobbs of goo, dull and sandy on the outside and on the inside it was shiny, jet black, stinky sludge. I have never seen anything so black in all my life.

If you get some of that goo on your person it is extremely difficult to remove. It really upset me to realize that the ocean was covered with small, medium and large goo balls that were endangering not only

my life, but the marine life as well.

This black shiny goo was in my hair, and eyes. It just seemed to be fused all over my body. Pollution covered me from head to toe.

I don't know if the bay can be saved. I really doubt it. It will take decades and that's *too long*.

Clean oceans are not a high priority at any level of government, particularly at local government. For instance, the performance of Mayor Tom Bradley in handling pollution has been less than desirable. Does he, as he has claimed, care about pollution?

He's the man, that liberal defender of nature, who built the Griffith Park land fill, that has been the site of many toxic fiascos.

If we all take a little more care and thought the next time we step into that voters booth, we may insure for our selves that we elect people who do care about the environment.

It's time to dump the whole slew of corrupt self-indulgent puppets we elect year after year just because their names are familiar.

### Legislation finally serves justice

By DOUGLAS GINTZ  
Editor in Chief

A round of applause is in order for the Los Angeles court system. They have actually arrested and jailed a person convicted of drunk driving.

This is a rare moment indeed. It is not all that often that the court system functions at the capacity that it should.

Sure, "strict" legislation was passed giving the courts more power to oppose tougher sentences on convicted drunk drivers, but the courts seem oblivious towards this legislation.

A story recently appeared in the Daily News, examining this issue. The story revealed that very few people convicted of drunk driving

actually serve time.

Well girls and boys, ladies and gentlemen, a press release issued by City Attorney James K. Hahn illustrates how ailing our court system really is.

According to the release a 53-year-old Los Angeles man with a 10-year record of drunk driving offenses was jailed for four years after being convicted of two more violations.

The man, Columbus Fuller, of South-Central Los Angeles, has had a total of nine drunk driving convictions dating back to Sept. 27, 1977 according to Deputy City Attorney Donetia Meshack, who handled the prosecution.

Fuller has been in custody since his last arrest on Aug. 5. He was sentenced after pleading no contest to charges stemming out of two

drunk driving incidents earlier this year. He refused to submit to chemical testing according to Hahn.

He also pleaded no contest to charges which resulted from arrests earlier this year. The first was brought against him on Feb. 5, and then six months later on Aug. 5 according to Meshack.

When arrested on Feb. 5, Fuller was already on three periods of probation. They were imposed on July 21 of last year when he was convicted of drunk driving offenses in late September and early October of 1985 and January of 1986. He was sentenced to 300 days in jail for those offenses.

Although this is one case, it represents many. It paints quite a clear picture of government bureaucracy in action.

### LETTERS

The Valley Star is happy to receive and, if possible, publish letters from its readers.

Star reserves the right to condense all letters for space considerations. Submitted letters should be limited to 350 words. Letters are subject to editing if they are obscene, libelous, or

make racial, ethnic, or religious denigrations.

Letters should be signed and, if applicable, should include student's major and ID number. Letters may be presented in the Valley Star office, Business Journalism 114, by Monday for the following Thursday.



# Entertainment

Valley Star/Page 3

## Fantasy blurs reality

By MARIA HAMAGAKI  
Assoc. Entertainment Editor

The Latino Ensemble flaunts stamina, aerobics and talent in *Garden of Delights*.

However, their rendition of Fernando Arrabal's surreal drama lacks a premise and character growth. Nothing is said; no point is made.

This One Act play becomes grotesquely vulgar and sometimes absurd as it explicitly exposes the anomalies of humanity.

*Garden of Delights* portrays the demented fantasies and nightmares of a reclusive, beautiful actress Lais, played splendidly by Allegra Swift.

Swift is on stage at all times. She convincingly immerses into her role, using physical exertion and expressing psychotic emotional changes.

Lais' relives her painful past in a Catholic orphanage. Glimpses of the nuns' strict moral teachings torture her.

However she tries to free herself by escaping in depravity.

A caged man/beast, Zenon, played convincingly by Mark Maroone, lives with Lais along with her beloved sheep.

The man/beast represents Lais' fixation to masochism; the sheep represent her past pristine innocence.

Lais' loving childhood friend, Miharca, is played brilliantly by Norma Maldonado. Maldonado excels in her transformation from school girl to adult sadist.

Teloc, a man, played by Larry Acosta, magically takes Lais back and forth in time.

Robert Pryor's direction of the transitions from past to present is creative, meshing Lais' childhood fantasies to her illusions of the present.

Absurdities and vulgarities are scattered throughout, marring the performance.

The scenery of white chiffon drapes and furniture gives the aspect of another world, and that is in this bizarre production of *Garden of Delights*.

For information regarding Latino Ensemble and Purple Stages' productions, call (213) 484-9005.



Norma Maldonado, Allegra Swift and Xochitl Jacques dramatize the surrealistic fantasies presented by the Latino Ensemble in *Garden of Delights*.

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## Big break awaits

An outstanding opportunity is available for bands who have ventured to compose original music.

*Musician Magazine* is holding the *Best Unsigned Band in America Contest*. Entrants must not be under contract with any record label to qualify.

The grand prize will be a complete 8-track home recording studio, featuring top of the line equipment. In addition, the ten top-rated songs will be featured on a *Musici-*

*cian/Warner Bros.* compilation album. This album will be distributed to music critics, program directors and commercial radio.

Judges include: Elvis Costello, Mark Knopfler, T-Bone Burnett and Mitchell Froom.

Entries are limited to one tape per band (maximum two songs) and must be received by December 15, 1987.

For more information contact the magazine at (617) 281-3110.

Here, their struggle to survive is paramount.

Because of its fragmented nature, *Journey Into The Whirlwind* at times loses some of its impact. The abruptness of its ending is also distracting. However, despite these structural problems, Schull's performance makes up for the weakness.

First performed at Trinity College in Dublin, Ireland, in 1983. Invitational performances of the piece were later held in New York in 1984.

To realize that governments can - and do - strip individuals of their freedoms is unsettling.

relives the tragedies of this courageous victim.

Though alone on stage Schull manages to create a place where her prosecutors rule. Their silent command results in her struggle to remove her wedding ring. Annoyance registers on her troubled face.

Later when she goes without food or sleep for seven days, strain and exhaustion replace that annoyance.

It is only after she learns her husband has also been arrested, and that her children are to be sent to an orphanage, that Schull, as Ginzberg, loses hope.

"Despair clawed its way into me," she says with genuine pathos.

So too, in her recreation of that desperate train ride to the prison camp in Siberia, Schull somehow manages to bring to life the other unseeen prisoners.

Though all in the same unfortunate predicament, they each retain their unique characteristics.

Sponsored by Amnesty International USA and Freedom House, proceeds went to benefit the Open World Theater Co., a theater founded by Schull to present those works of playwrights which have been censored in their own countries.

According to Schull, *Journey Into The Whirlwind*'s current Los Angeles run is the first American production open to the public.

Since her own uncle was a victim to a similar injustice in the 1940s-he was tried in court and shot to death -the show has a special significance to her.

"The experience of Eugenia Ginzberg is not unique to her," said Schull. "It's the story of many people. There's a lot of ignorance about that era. It's helpful for people to know about it - so they can beware to see it doesn't happen again."

*Journey Into The Whirlwind* continues through October at the CAST Theater in Hollywood. For information call (213) 462-0265.

A March of Dimes research grantee, Dr. Knudsen studies the hearing of owls.

If he can discover how it works, develops and adapts to hearing impairments, he will gain insight into human hearing and deafness.

Such basic knowledge may one day help bring sound to babies who are born deaf.

Your March of Dimes works to create a world without birth defects.

Kids on drugs—

# Reality; bitter pill to swallow

**D**o not read this article if you are content believing that kids don't actually use drugs, but only "experiment" or "dabble" with them. If you are a believer that youth denotes innocence, you'd better take another look.

Kids today are not quite so naive and innocent as we would like to think. You may even find it disturbing to know that roughly 58 percent of all high school seniors, graduated in the Class of 1986, admitted having used an illicit drug (see chart for breakdown of illicit drugs).

That was part of the findings disclosed by the National Institute on Drug Abuse (NIDA), of the Alcohol, Drug Abuse and Mental Health Administration. NIDA released the results of their 12th annual survey of drug abuse among high school seniors conducted by the University of Michigan's Institute for Social Research last February.

The survey found that the downward trend of illicit drug use among high school seniors, which stalled in 1985, continued to slightly decline from 61 percent to 58 percent of seniors reporting having used an illicit drug. Declines were also observed in the use of marijuana and stimulants.

"We are pleased that the downward trends are continuing. It tells us that more and more young Americans are choosing a drug-free lifestyle," said NIDA Director, Dr. Charles R. Schuster.

However, a word of warning was also issued.

"While we are heartened by the good news about marijuana," said project director at the University of Michigan, Dr. Lloyd Johnston, "we are particularly concerned about cocaine. The students in the Class of 1986 continued to try cocaine at the same level as those in the Class of 1985. In both years, 17 percent had tried the drug. And our first national data on the use of

	High school seniors who have ever used an illicit* drug											
	Class of											
	'75	'76	'77	'78	'79	'80	'81	'82	'83	'84	'85	'86
Marijuana/Hashish	47%	53%	56%	59%	60%	60%	60%	59%	57%	55%	54%	51%
Inhalants	NA	NA	NA	NA	18	17	17	18	18	18	18	20
Amyl & Butyl Nitrates	NA	NA	NA	NA	11	11	10	10	8	8	8	9
Hallucinogens	NA	NA	NA	NA	18	16	15	14	14	12	12	12
LSD	11	11	10	10	10	9	10	10	9	8	8	7
PCP	NA	NA	NA	NA	13	10	8	6	6	5	5	5
Cocaine	9	10	11	13	15	16	17	16	16	16	17	17
Heroin	2	2	2	2	1	1	1	1	1	1	1	1
Other Opiates	9	10	10	10	10	10	10	10	9	10	10	9
Stimulants	NA	NA	NA	NA	NA	NA	NA	NA	28	27	28	23
Sedatives	18	18	17	16	15	15	16	15	14	13	12	10
Barbiturates	17	16	16	14	12	11	11	10	10	10	9	8
Methaqualone	8	8	9	8	8	10	11	11	10	8	7	5
Tranquilizers	17	17	18	17	16	15	15	14	13	12	12	11
Alcohol	90	92	93	93	93	93	93	93	93	93	92	91
Cigarettes	74	75	76	75	74	71	71	70	71	70	69	68

\* With the exception of alcohol and cigarettes which are licit  
NA Indicates data not available

crack, a smokeable form of cocaine, found that 4.1 percent of seniors used crack this past year."

*"As recently as last spring, a great many young people seemed to think they could play around with cocaine and not run much risk..."*

Crack is no longer just a big city drug. The fact that seniors in about half of the schools who participated in the survey, which was conducted at 130 high schools throughout the nation, admitted using crack indicates that it's now a more

widespread problem than first thought. About 1 in every 25 seniors have indicated using the drug.

An alarming number of students reported using cocaine within the last year and being unable to stop. The number doubled from 0.4 percent in 1983 to 0.8 percent in 1986, which roughly corresponds to 25,000 seniors nationwide. Also, one senior in six (17 percent) had tried cocaine, 13 percent had used it in the prior year. Six percent had used it in the prior month.

"This is an instance where lack of change is quite significant," explained Johnston, "because it means that cocaine use remained at peak levels in this group despite accumulating evidence of, and public attention to, its addictive potential and possible toxic effects."

The survey also asked seniors to

estimate what they considered the risk involved in cocaine use. While a majority of students (54 percent) recognized a great risk involved in occasional cocaine use, and 82 percent report using alcohol in the past 30 days, 37 percent report having five or more drinks in a row at least once in the past two weeks, and 5 percent report daily or nearly daily consumption.

"As recently as last spring, a great many young people still seemed to think they could play around with cocaine and not run much risk, even though an increasing number were coming to recognize that regular use is very dangerous," Johnston said. "Of course some dramatic events have occurred since the last survey was completed—including the untimely deaths of sports figures Len Bias and Don Rogers—which one would hope have had some impact."

There was also little change in alcohol use in 1986. The survey found that nearly two-thirds of all seniors (65 percent) report using alcohol in the past 30 days, 37 percent report having five or more drinks in a row at least once in the past two weeks, and 5 percent report daily or nearly daily consumption.

When asked how available these different drugs are, a majority of the seniors (85 percent) rated marijuana the most accessible. Amphetamines were second (64 percent), cocaine (51.5 percent) third, and tranquilizers (53.1 percent) were at a close fourth.

When asked what grade the seniors first used the 16 types of drugs in the survey, 8.4 percent said that they used alcohol in the 6th grade. 2.8 percent had used marijuana in the 6th grade.

Between the 7th and 8th grade alcohol and marijuana still topped the list; 21.9 percent had first tried alcohol and 11.2 had tried marijuana. The largest number of people to use cocaine for their first time was 5.2 percent in the 12th grade and 5 percent in the 11th grade.

In commenting on the overall significance of the survey results, Johnston concluded that "The fact that illicit drug use overall is once again decreasing in popularity, albeit slowly, is the most encouraging part of the story."

*"The fact that illicit drug use overall is once again decreasing in popularity, albeit slowly, is the most encouraging part of the story."*

Further, the overall levels of illicit drug use by our young people remains extremely high, both by historical standards in this country and by comparison to virtually all of the industrialized world."

Although many feared that the stall of the six year decline of illicit drug use in 1985 would be the beginning of a turnaround, University of Michigan investigators say that it's not so. They say that it's not the end of the decline, nor the beginning of a turnaround in drug use. It's exactly what it appears to be, a stall.

Further information about this topic, or any other drug related topic may be obtained, in most cases without charge, by writing:

Department of Health, Education, and Welfare/Public Health Service/Alcohol, Drug Abuse, and Mental Health Administration/5600 Fishers Lane, Rockville, Maryland 20857

Michael:—

## '...everyone did something'

Michael (alias), 20, a Valley student, no longer uses drugs. It's been a year since he last used an illicit substance. After a number of years of trying to get off of drugs, he finally feels free of their hold.

Like many, his addiction to drugs started with alcohol. In the 7th grade he attended his first party and drank his first beer.

Within one year after that first drink he had his first marijuana joint. And by the 10th grade he would drink and smoke pot every weekend.

"I don't really know why I did

it," said Michael. "All I know for sure is that it had nothing to do with peer pressure. It's not like in the movies where it's always the 'bad' kids persuading the 'good' kids to use drugs. No one does that in real life. Hell, drugs cost money. If anything, people are reluctant to start passing out their stuff."

"All kids have a natural curiosity to explore new things," he added, "and all parents build up in their kid's mind that if you use drugs you'll die or go insane, so that when you use them and it doesn't happen, you continue to use them because you feel in control over them."

Michael has used many different drugs, ranging from acid (LSD) to mushrooms to coke. None of these drugs had more negative side effects than acid. Every few days, for about 6 months he used it.

"I started doing acid in high school. In high school everyone did something, even the clean cut kids. I've only met a couple of kids in my whole life that didn't use drugs or at least drink. That's reality!"

Michael used to "blaze" on acid with groups of friends. Sometimes they would all meet at a friend's house and other times they would go

out. Disneyland was also one of their favorite spots to blaze.

Last year he gave up drugs. He stopped using them for several reasons.

"Basically I just no longer felt the need for them. Another factor was probably because I watched so many kids get messed up on them."

"I don't really see any solution to the drug epidemic. Hell, our government is getting drugs from Central America in return for weapons. The only way it will stop is if people stop using drugs. There is no other way."

Kevin:—

## '...because it was so easy'

Kevin, 20, and a former Valley student, is a marijuana smoker. He has been since he was 15.

"Pot is a really easy way to relax, or to loosen up, and see things in maybe a more interesting way than the boring valley lifestyle," said Kevin.

It was this "boring valley lifestyle," along with several other factors, that prompted Kevin to begin experimenting with drugs at 15.

His weekend excursions with pot slowly became an obsession. Smoking pot originally was just a way for him to have a good time during the weekends, but by the summer before 10th grade pot crept into his everyday life. He became a frequent and heavy user. It was during the 11th grade that he began to smoke at school.

During the first nine months that he used pot he never actually bought it himself. Friends used to always "party him out." But buying, or "scoring," it was also no problem for him. He eventually began buying it for himself from two drug dealers down the street from his apartment on Burbank Blvd in Van Nuys.

He was forced to buy it elsewhere after the two dealers were arrested during a drug sweep initiated by undercover officers at Grant High. He then decided to start buying pot at Woodley Park which was a

hang out for drug peddlers. He presently buys it on Calvert street in Van Nuys, ironically, just one block away from the police station.

His drug exploration didn't end with pot.

"The first other drug (aside from

pot) I did probably was acid (LSD) and that was because I ran away to Hollywood when I was 15 and it was really big there at the time...I started doing that about every weekend," said Kevin.

"After acid, I had tried mushrooms. That was less intense than acid, and I liked it. I could take it or leave it though. I tried cocaine when I was 16. It was suppose to be some big deal...It was a psychological thing. The idea of cocaine had been built up in my head so much," he said.

Between the ages of 16 and 18 he was able to avoid getting hooked to cocaine. It was a willingly infrequent pleasure for him. He would use it once about every five months.

Although at that time cocaine seemed a transient pleasure, like with pot, he eventually found himself hooked.

"Shooting it became some sort of romantic notion from a *Velvet Underground* song or a Lou Reed song. I was really enthralled by the whole notion for no good reason at all. Actually, for all the worst reasons. It didn't matter to me though, I still did it."

He has also snorted and shot heroin in his past. The first time shooting heroin he used a type that is known as "Mexican Black Tar Heroin" which "...was suppose to be the best thing around at the time. I hated it. It didn't do anything really positive for me. I started rushing in a different way than the coke. I got really nauseous and threw up. I went home and more-or-less passed out."

Drugs affected his life in many ways. After struggling to maintain an interest in highschool, he decided to take the Proficiency Exam in order to leave school early. He easily passed.

Looking back he feels the reason he started doing drugs was because there was nothing really positive go-

ing on in his life. He feels that his life lacked any sort of stimuli. He used drugs to fill that void because "...they were so easy."

He still uses pot on occassions but no longer uses what he considers the "three big ones," heroin, coke, and speed, ever since he willingly entered a hospital for detoxification last September.

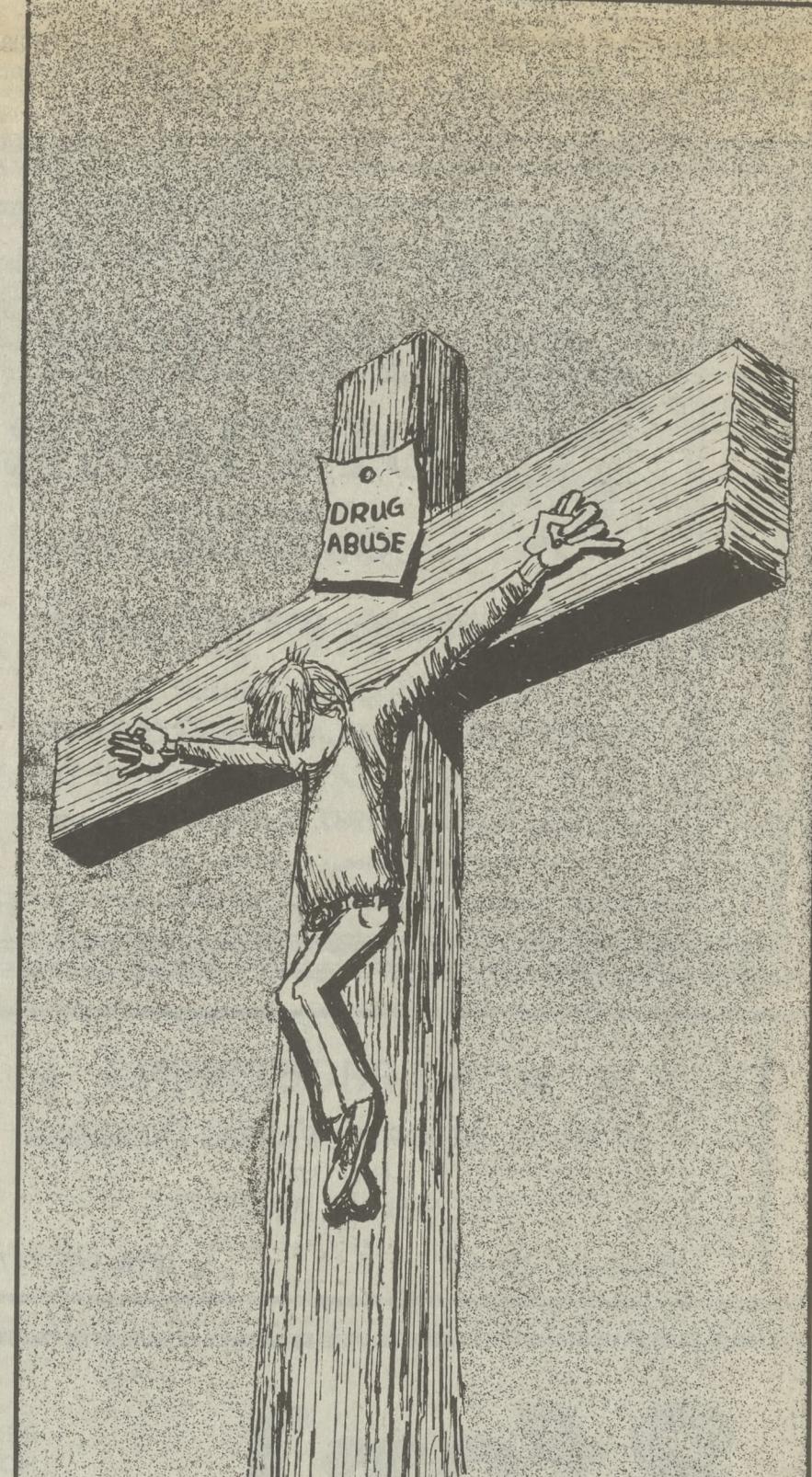
"I don't really think that pot is as harmful as all of the things that I stopped using. I don't find it anymore harmful than alcohol, and they both are bad for you physically. They both lower your resistance to disease."

"I'd like to give them up eventually but right now I'm happy enough with my life and what I'm putting out creatively. I can handle doing pot every once in a while," he added.

He doesn't regret his past. He feels that, "your not going to get anywhere regretting your past. You have to just keep going."

He also feels that the drug epidemic will never abate as long as people remain apathetic towards the drug dealers, which he feels they will.

"I don't think the general public really thinks about what's going on in the world anyway in realistic terms. They don't think about how the leaders of our nation are dealing in cocaine. All they care about is getting it."



Flying "high" on drugs

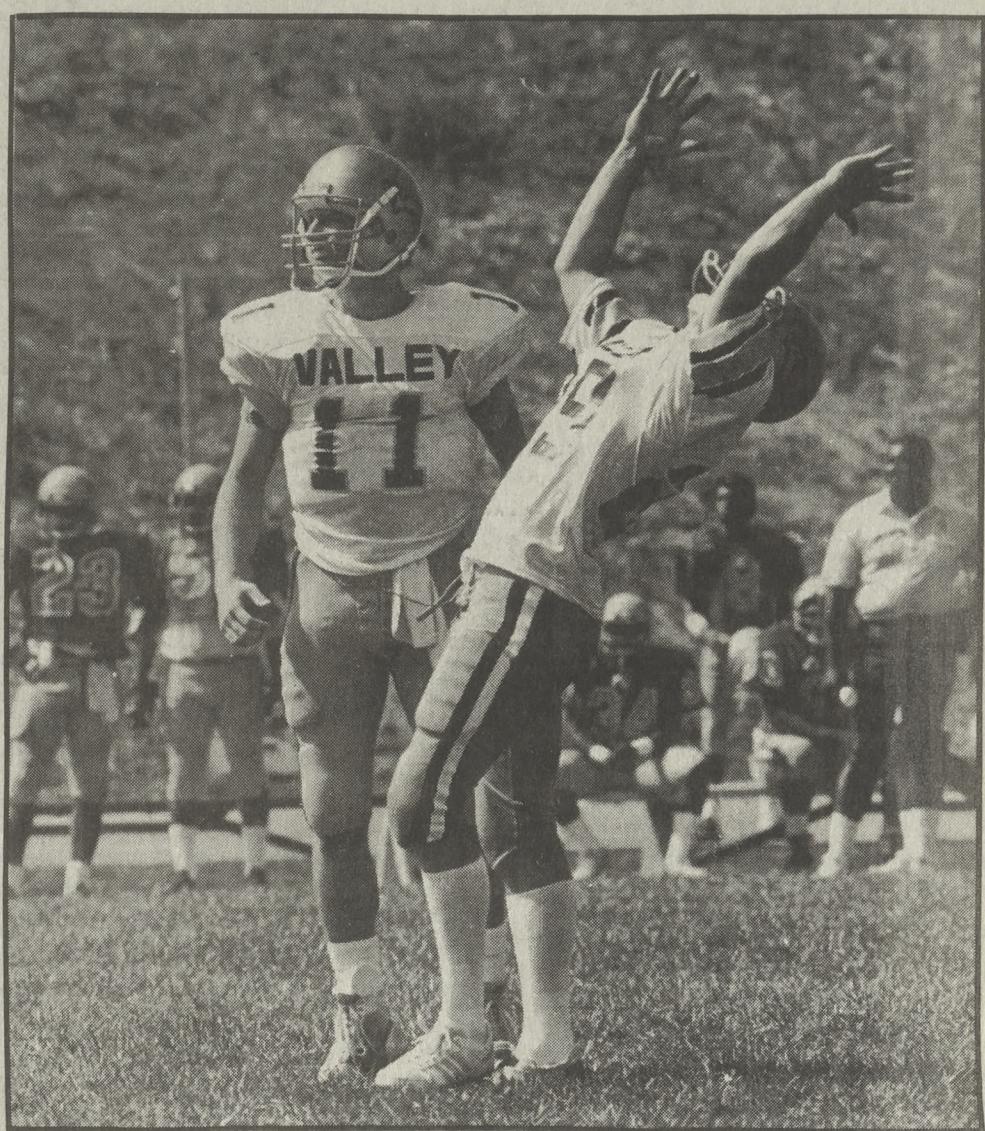
Stories and Art by Douglas Gintz

## Bausley scores 4 TD's in 36-20 win over Southwest



Monarch tight end Randy Bohn makes a one-handed catch for a touchdown.

JOE BINOYA / Valley Star

JOE BINOYA / Valley Star  
Kicker Robbie Padden and holder Rusty Wilson react as the ball barely clears the uprights.

### Football schedule — Fall '87

Date	Day	Opponent	Time	Place
Oct. 3	Sat.	Harbor	7:30 p.m.	Harbor
Oct. 10	Sat.	Mt. San Jacinto	7:30 p.m.	Valley
Oct. 17	Sat.	San Bernardino	7:30 p.m.	San Bernardino
Oct. 24	Sat.	Rio Hondo	7:30 p.m.	Valley
Oct. 31	Sat.	Antelope Valley	7:30 p.m.	Antelope
Nov. 7	Sat.	Chaffey	7:30 p.m.	Chaffey
NOV. 14	Sat.	Victor Valley	7:30 p.m.	Valley

By DAVID TERRAN  
Staff Writer

Running back Dondre Bausley ran for four touchdowns and quarterback Barry Hanks threw for another as Valley remained unbeaten with a 36-20 win over L.A. Southwest Saturday in a Southern California Conference game at Hawthorne.

The Monarchs scored on their first five drives, improving to 3-0 overall, and 2-0 in the conference. The Monarchs totaled 337 yards on offense, below their average of 589 yards per game, which is number one in the state.

According to coach Chuck Ferrero, the game was over when the Monarchs led 31-6 at halftime.

"Everybody got to play in the game," he said. "We didn't want to relax, but we gave up a couple of long touchdowns in the second half. We just wanted to get the game over with."

Bausley led all rushers with 114 yards on 18 carries.

Barry Hanks connected on 7-17 passes for 104 yards, including a 7-yard scoring strike to wide receiver Adrian Davis. Place kicker Robert Padden added a 47-yard field goal to the win. Bausley went into Saturday's contest leading the state in rushing with 391 yards.

Going into Saturday's contest, the Monarchs rose two positions to ninth in the state rankings and fifth in Southern California.

Valley does not expect an easy time at Harbor College (2-1) Saturday at 7:30 p.m.

"Harbor will be tough because they have a lot of talent, they're getting better and better every game," said Coach Chuck Ferrero.



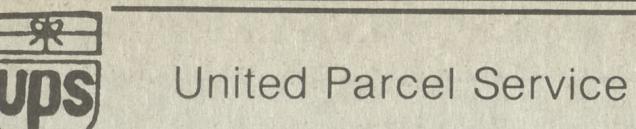
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## Monarchs top Mission, record improves to 2-1

By BARBIE LANGE  
Opinion Editor

Hector Ruiz, with a time of 20:42, led Valley to a first place finish against Mission and Antelope Valley colleges during a cross country meet last Friday at Griffith Park.

Valley boosted its overall record to 2-1, finishing with a low score of 19. Mission finished considerably higher with 36 points. Antelope Valley's only entry was disqualified.

"We are doing better than last year, as we have five men that run well together," said Valley cross country coach James Harvey. "They train hard and are willing to work. Ruiz, a returning sophomore, is an outstanding athlete, always at practice and has a great attitude."

Jaime Altamirano, also a sophomore and the most improved runner according to Harvey, ran for a time of 21:36. A third sophomore, Mike Wells, is "very talented and about even with Altamirano," said Harvey. His time was 21:47.

Freshman Michael "Little Mike" Michelee, new to Valley and a top recruit, ran for 22:00. "He is a hard worker and fits right in," said Harvey.

The key to the team is Juvenal Vasquez, a late arrival from Birmingham High School, where he made the Southern California

finals. Vasquez "runs on sheer guts and emotion," said Harvey. "He is the strong fifth man on the team that Valley lacked last year."

The men are great "trainers and a tight-knit group," said Harvey. "The team is better by 100 percent over last year when Valley placed third in the conference. We were the second best team last year, with Trade Tech placing first. We're right on their heels, chasing them."

In women's cross country, Wendy Miller, the team's "spark plug," returned to Valley for her second year. Suzanne Lipton and Susan Tjark, also sophomores, are part of Valley's team that placed in the top ten in the state last year.

Sophomore Pam Richardson is hurt with a strained knee and should return in two weeks. New members of the team are Rita and Vilma Mejia, sisters and freshmen from Bell Jefferson High School in Burbank, along with Linda Coco.

"The women's team has ten runners ready to compete, but we have not been tested yet, so we don't know if we are good or bad," said Harvey. "We need to start training together as a team against a better team. Last year we ran 'average.' The women need to get more aggressive. We have unlimited entries, but we need tougher competition."

"Valley coaches Doris Castaneda and Richard Hardin

have done a great job in supporting the teams," said Harvey. "If it wasn't for these coaches, Valley would not have done well last year."

Hardin has great rapport with all the runners. He is very knowledgeable and 'keeps me honest.' He is the team's trouble shooter."

"Castaneda works very hard and does an outstanding job. I really enjoy having her around."

On Oct. 9, Valley will run in a major meet at Irvine Park, with approximately 90 percent of the schools in Southern California participating in the competition. "All the teams will be checking out the course, which is the site for the Southern California Championship (SCC) to be held on Nov. 13.

The Nov. 4 conference meet, to be held at Antelope Valley, will determine the first and second place teams that will be eligible for the SCC meet scheduled on Nov. 13.

The top five teams and the top 25 individual runners will then qualify for the California State Championship to be held in Fresno on Nov. 21.

"We should get to the Southern California finals this year," said Harvey. "Our top four men have a chance at qualifying for the State meet."

"We need stiff competition so we can judge our teams," said Harvey.

## Valley sinks Chaffey, 22-11 in lopsided conference victory

By DAVID TERRAN  
Staff Writer

Valley's water polo team defeated Chaffey College, 22-11, in a lopsided contest last Friday at Chaffey.

The Monarchs dominated the game with a power performance from Kurt McCallum, who scored

six goals.

"We were faster and more experienced than Chaffey," said Valley Head Coach Bill Krauss. "McCallum also played great defense by dominating the hole man position."

John Marshall scored four goals, and Josh Foster and Scott Weerts added three goals apiece for the Monarch attack.

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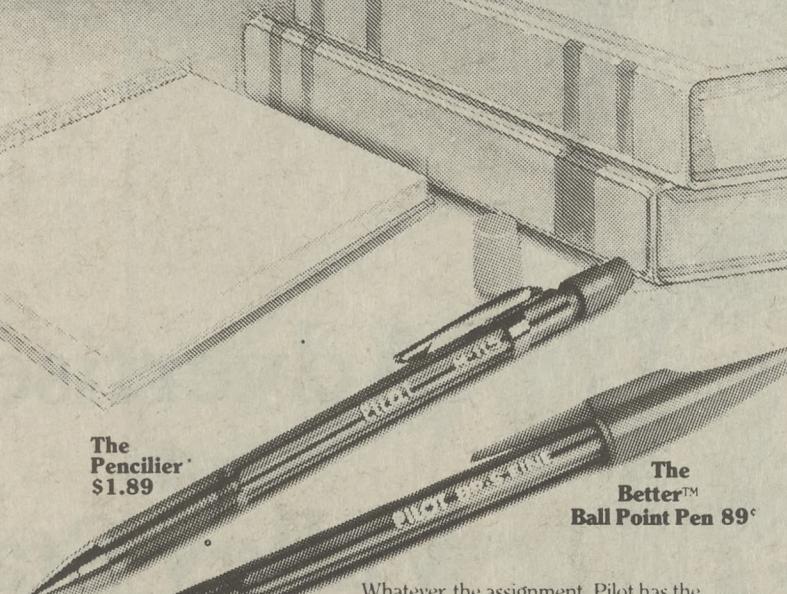
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### Research Volunteers

The University of Southern California is conducting research into a new treatment for recurrent genital herpes. The study involves the use of a vaccine developed by the British Public Health Service and requires at least four office visits over two years.

Individuals interested in participating in this project should call Diane Kirbis, R.N. at (818) 501-7395 for further information.

### Sports, fitness, and you

## Conditioning program a must before signing up for recreational P.E. classes

By KATHY CROUCH

Many of you may be enrolled in a physical education class to stay fit and enjoy your favorite sport. Chances are, there are some of you who have signed up for a recreational sports class in hopes of getting into shape, after 6, 12, or even 24 or more months of inactivity.

Be aware that many of these so-called "recreational" sports such as volleyball, tennis, softball, and yes, even ping-pong, can require great amounts of physical exertion from the body. Running, jumping, quick pivots, and prolonged physical endurance are elements of many different activities.

If you are out of shape, there is a good chance you could get hurt. It is those people, who have had little or no exercise previous to joining a P.E. class, who run the highest risk of injury, says Joanne Waddell, associate professor of physical education.

"People who are not involved in lifetime fitness programs," she says, "are more prone to incurring an injury."

Many are the weekend 'volley-ballers' who have torn up their knees landing from a spike, not to mention the thousands who suffer from tennis elbow. It

ability program," she says. "Three days a week in weight training and the other three working the heart, at least 30 minutes at a time, is the minimum for a well balanced conditioning program."

*O.K. I'm "out of shape." What can I do to prevent myself from getting hurt?*

It may be wise to drop your sports activity class and check into an aerobics, aqua aerobics, or weight training program, says Waddell. If you don't want to drop the class you are already in, at least supplement your activity with one of the aforementioned basic conditioning classes.

It is important that you allow your body to become accustomed to the physical stresses it will be subjected to. You need to strengthen your muscles, joints, and bones. In addition, building cardiovascular endurance (strengthening your heart) is a primary goal.

"It's really hard to enjoy a sport when you can't play it," Waddell says. "A reduced physical fitness level will reduce your ability to reach your athletic potential, as well as make you more prone to injury."

*"A reduced physical fitness level will reduce your ability to reach your athletic potential, as well as make you more prone to injury. . . It's really hard to enjoy a sport when you can't play it."*

is a common myth that you can get into shape by playing a sport. This misconception has kept hospital emergency rooms busy with patients who have been injured playing a recreational sport.

*How do you know if you are 'in shape'?*

If you have not participated in a regular exercise program for more than 1 month, says Waddell, you can consider yourself "out of shape."

An ideal fitness program, Waddell explains, would involve the four major components of physical fitness: muscular strength, muscular endurance, flexibility, and cardiovascular conditioning.

"Just 10 minutes a day are needed to work a

The better prepared you are to participate in your chosen sport, the more you will benefit from it. Your body will work more efficiently, your heart will beat stronger, and your chances of injury will decrease dramatically.

**Remember, DON'T PLAY A SPORT TO GET INTO SHAPE! GET INTO SHAPE SO THAT YOU CAN PLAY YOUR SPORT!**

**Editor's Note:**

*Always visit your family physician for a routine physical exam and EKG before beginning any exercise or diet program.*